



Surgeon profile

Dr Anoop Mohan Nair

MBBS, MS (Orthopedics) ,MRCS (Glasgow), FAPOA(Singapore)

Fellowship trained in Joint Surgeries of Hip , Knee and Shoulder

More than 10yrs experience in replacement and arthroscopic procedures

Member RCS (Scotland)

Philosophy “Surgery is the always last option, and the decision to operate **MUST** always made after a lot of thought”.

With over 10 years of experience in orthopedic related sports injuries such as Anterior Cruciate Ligament (ACL) repair, Meniscus repair, Shoulder injuries, ruptures of the rotator shoulder cuff and replacement surgeries such as knee and hip replacement, and training from India and abroad Dr Nair is the surgeon who will give you results. And now he is available in Ranchi full time

Non surgical and reconditioning and rehabilitative treatments are also his areas of expertise.

Orthopaedic Surgeries

Listed below are some of the surgery procedures that Dr. Anoop Mohan Nair specializes in.

Arthroscopy (Keyhole Surgery)

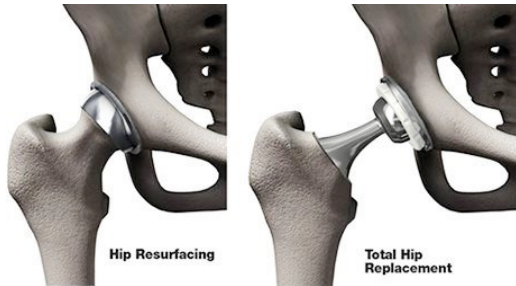


Arthroscopy is a minimally invasive procedure that is commonly used for knee, elbow, shoulder and ankle surgeries.

Arthroscopy surgery makes small holes which reduce recovery time, allowing patients to recover faster. The success rate is also higher due to lesser trauma to surrounding tissues.

So less pain, less hospital stay and less cost

Knee and Hip Shoulder and Elbow Replacement/resurfacing (Arthroplasty)



Knee replacement or knee arthroplasty is a procedure where the diseased parts of the joint are replaced by artificial ones called the prostheses. After prolonged wear and tear, knees can get worn out and that will cause pain and swelling. Knee arthroplasty helps to relieve pain and swelling and allow patients to enjoy activities that they previously were unable to

Microdiscectomy/small incision Spine Surgery

Microdiscectomy spine surgery is done to remove a small portion of bone pressing onto the nerve root to relieve neural impingement and allow space for the nerve to heal. Neural impingement causes patients to suffer from leg pain. Most patients are able to enjoy an immediate relief of leg pain when they wake up after surgery.

fracture care- ---100% result is it possible ?

yes.... Current world standards orthopedic care ensures almost 100% results

Even after major fractures most young people can return to sports and all activities and get their pre injury level of fitness back

We specialize in Advanced trauma,periarticular fractures and pelviacetabular surgery

